FIERCE N FIT BOXING

2027

COMMUNITY PARTNERSHIP & FUNDING PACKAGE

IN THEIR CORNER.

BE PART OF THEIR FUTURE.







CREATING A PLACE FOR ALL THROUGH ADAPTIVE BOXING

Registered Canadian Charity #765566542RR0001

WELCOME TO FIERCE N FIT

MORE THAN BOXING. A PLACE FOR ALL.

Fierce N Fit Special Needs Charitable Organization uses adaptive, non-contact boxing and physical activity to create meaningful opportunities for individuals with physical, intellectual, developmental and cognitive disabilities. Founded by Taveena Kum, the program combines real boxing skills with a welcoming, supportive team environment.

Athletes train at their own pace, build physical confidence, connect with peers and experience the pride of belonging. Our coaches adapt activities to different mobility, communication and learning needs without losing the energy and discipline of boxing.







OUR MISSION

To use boxing and physical exercise to uplift lives through physical health, emotional well-being and social connection.

OUR VISION

To unite our community by Creating A Place For All, through the inclusion of people living with physical and intellectual disabilities

WHY THIS WORK MATTERS

ACCESS SHOULD NEVER BE THE BARRIER.

Our athletes live with Down syndrome, autism, cerebral palsy, FASD, epilepsy, acquired brain injuries, hearing or vision loss, and more, and many use wheelchairs. Fierce N Fit is built around each athlete rather than one standard workout.

ADAPTED MOVEMENT

Seated, standing and wheelchair-friendly modifications allow athletes to take part in meaningful training.

CONSISTENT ROUTINE

Coach-led instruction, technical drills and encouragement help athletes develop confidence and focus.

PARTICIPATION FROM HOME

Virtual sessions help reduce distance, transportation and health-related barriers.





EVERY ATHLETE IS WELCOME. NO ONE IS TURNED AWAY FOR FINANCIAL REASONS.

A GROWING COMMUNITY

OUR IMPACT AT A GLANCE.

70+
ATHLETES
train with us every week

20+
VOLUNTEER COACHES
all onboarded with NCCP disability training

5
WEEKLY CLASSES
Monday class added in 2026 for demand

$67K+
RAISED IN 2026
2026 gala and fundraising season

1,400
DEMO AUDIENCES
our largest demonstration crowds

97.7%
OF EXPENSES
went to charitable activities in 2024-25

THROUGH THE YEARS


2022


2023



2024


2025


2026

TRAINING WITH PURPOSE

FIVE CLASSES. COUNTLESS MILESTONES.

Every week, athletes return to build skills, consistency and confidence.





REAL BOXING SKILLS

Technical drills, conditioning, combinations, footwork and bag work.

ADAPTIVE COACHING

Movement and instruction adjusted to the athlete's physical and cognitive needs.

TEAM CONNECTION

Warm welcomes, encouragement and friendships that make returning meaningful.

TRAINING PROGRESS

Confidence, routine, fitness and personal accomplishments, celebrated at every level.

NON-CONTACT. ATHLETE-CENTRED. BUILT FOR REAL PARTICIPATION.

ACCESS IN PRACTICE

BOXING BEYOND THE GYM WALLS.

Fierce N Fit continues to offer virtual sessions because access to a physical gym is not always possible. Some athletes face long travel distances, transportation barriers or complex health and mobility needs. Online participation allows them to train, see familiar coaches and remain connected to their community.

PHSS COMMUNITY CARE & COMPLEX LIVING

Community partnership since 2020 | Weekly virtual boxing, plus in-person sessions and visits several times every year.











THE CHAMPIONS WE CELEBRATE

ATHLETES MAKING HISTORY.

From Kraków to London Music Hall, Fierce N Fit athletes are stepping into the ring and showing what is possible.



DECEMBER 2024 / POLAND

CHARLES WILTON

Charles lives with spastic quadriplegic cerebral palsy and grew up in foster care, dreaming of becoming a boxer. In Kraków, Poland, that dream came true when he became Canada's first-ever competitive para-boxer.



MAY 2025 / LONDON

MICHAEL NICHOLSON

At Punch Out MS on May 4, 2025, Michael boxed a demonstration bout at London Music Hall during a Boxing Ontario-sanctioned event, sharing the ring with Coach Faisal Rehman.



MAY 2026 / LONDON

ZACH COOK

Zach, who has Down syndrome, stepped into the ring with Coach Sam Weber at a Boxing Ontario-sanctioned MS fundraiser at London Music Hall.

PROGRESS COMES IN MANY FORMS

EVERY WIN DESERVES A CORNER.





MACKENZIE'S JOURNEY

After years of serious personal and health challenges, Mackenzie Wright made meaningful progress in reconnecting with his voice, independence and community. His 2025 story highlights why accessible physical activity and a dependable support network matter beyond the gym.

“We never gave up on Mackenzie, and neither did this community.”

MACKENZIE'S FAMILY







FITNESS CREATES CONNECTION

COMMUNITY IS PART OF THE PROGRAM.

At Fierce N Fit, participation does not end when class is finished. Athletes, families, volunteers and caregivers come together through group outings, holiday celebrations, movie nights, karaoke, picnics and other accessible social experiences. These moments build friendships, confidence and familiarity with the wider community.











PARTNERSHIPS THAT LAST

COMMUNITY PARTNERS MAKE THIS POSSIBLE.



SINCE 2017

KW HABILITATION / YEP

Youth Exploring Possibilities participants have come to box with us since 2017.



SINCE 2020

PHSS

Longstanding adaptive boxing partnership connecting participants through virtual and in-person experiences.



LONG-STANDING

DOMINO'S PIZZA CANADA

Financial support, food for our gala and social activities, and direct support for our families.



4TH ANNUAL CAMPAIGN IN 2026

TIM HORTONS - AYR

Holiday Smile Cookie campaign proceeds support community programming.

Also supported by the Kids to Camp Fund at the Waterloo Region Community Foundation, the Red Cross Community Services Recovery Fund, Darkside Muay Thai, Wild Heart Yoga and many local businesses.

A CELEBRATION WITH IMPACT

300+ GUESTS.
$67,000+ RAISED.



300+

ANNUAL ATTENDEES

OUR COMMUNITY COMES TOGETHER

In 2026, eight months of fundraising and our 5th annual gala raised more than $67,000 through donations, sponsorships, tickets and community events.





RECOGNITION IN THE SPOTLIGHT

WE CELEBRATE THE PEOPLE IN OUR CORNER.

Our annual charity gala brings together more than 300 members of the Fierce N Fit community. It is an opportunity to celebrate our athletes and publicly honour the individuals, businesses and organizations whose support helps keep our programs strong.

GALA RECOGNITION

Thank-you acknowledgment during the annual celebration, in a form agreed with each partner.

PARTNER VISIBILITY

Logos or names in selected event materials, like our gala partner banner.

COMMUNITY CONNECTION

A chance to be recognized among athletes, families, volunteers and local supporters.

IMPACT COMMUNICATION

Stories and updates showing the programs and opportunities that donor support helps sustain.



Recognition is optional for charitable funders and always tailored by mutual agreement.

HELP KEEP THE DOORS OPEN

YOUR SUPPORT POWERS THE EVERYDAY WORK.

Year-round programming takes more than a pair of gloves, and demand grew so quickly that we added a Monday class in 2026. Your support helps sustain weekly classes, keep groups small, connect athletes at home and welcome more athletes with disabilities.

01 **TRAINING SPACE**

Gym rental and recurring costs that make five weekly classes possible.

02 **ADAPTIVE EQUIPMENT**

Pads, gloves, bags, conditioning supplies and equipment replacement.

03 **REMOTE ACCESS**

Support for virtual training and connection for athletes at home.

04 **VOLUNTEER DEVELOPMENT**

Recruitment, orientation and training for inclusive coaching.

05 **ATHLETE EXPERIENCES**

Community outings, celebrations and inclusive events beyond boxing.

06 **MORE ATHLETES**

Help us keep opening our doors to more athletes with disabilities.







FINANCIAL ACCOUNTABILITY

YOUR SUPPORT. VISIBLE IMPACT.

Fierce N Fit publishes annual reports documenting its programs, accomplishments, partners and financial information. Its 2025 annual report includes the following broad categories of revenue and expenses.

REVENUE SOURCES / 2024-2025



80.5%
DONATIONS

19.3%
FUNDRAISING ACTIVITIES

0.2%
INTEREST

EXPENSES / 2024-2025



97.7%
CHARITABLE ACTIVITIES

2.3%
PROFESSIONAL FEES

Community support keeps growing

Our fundraising keeps climbing: more than $23,000 in 2022, $28,925 in 2023, about $29,500 in 2024, about $31,400 in 2025, and more than $67,000 in 2026.

SUGGESTED ANNUAL CONTRIBUTION LEVELS

FIND YOUR PLACE IN OUR CORNER.

The levels below are flexible starting points, not calculated costs per athlete.

$500+

COMMUNITY SUPPORTER

Keeps gloves, pads and bags in athletes' hands, with thanks in our annual report.

$1,000+

CORNER PARTNER

Helps sustain five weekly classes, in the gym and online, for 70+ athletes.

$2,500+

TRAINING PARTNER

Supports adaptive equipment, coach development and athlete outings.

$5,000+

CHAMPION PARTNER

Helps us welcome new athletes as demand grows, with gala recognition by agreement.

$10,000+

LEAD CHAMPION PARTNER

A cornerstone gift that keeps our year-round programs running and opens the door to more athletes.

CUSTOM GRANTS, MONTHLY GIFTS AND IN-KIND PARTNERSHIPS ARE WELCOME.

Proposed 2027 contribution levels for discussion. Final uses and recognition are subject to an agreed budget.

PARTNER BENEFITS

WHAT EACH LEVEL INCLUDES.

Every partner is thanked and kept informed. Recognition grows with each level.

BENEFIT	$500	$1,000	$2,500	$5,000	$10,000
Thank-you letter and charitable tax receipt*	●	●	●	●	●
Year-end impact update	●	●	●	●	●
Name in our annual report and on our website	●	●	●	●	●
Invitation to join one of our boxing classes	●	●	●	●	●
Gala seating (a full table seats 10)	**2 reserved seats**	**5 reserved seats**	**Full table**	**Reserved front table**	**Premium table + 4 tickets**
Social media thank-you		●	●	●	●
Logo on our partner banner		●	●	**Premium**	**Premium**
On-stage recognition at the gala				●	●
Presenting partner of the gala or a new class					●

ASK US ABOUT PRESENTING OUR GALA OR A NEW CLASS.

Draft benefits for discussion. Gifts that include advertising or tickets may not qualify for a full tax receipt.

DIFFERENT WAYS TO SHOW UP

MORE THAN ONE WAY TO BE A CHAMPION.

CHARITIES & FOUNDATIONS

Program grants, operating support, eligible charitable activities and clear impact reporting. We can tailor proposals to a funder's focus and requirements.

BUSINESSES & SERVICE CLUBS

Financial gifts, employee engagement, in-kind contributions, special campaigns and public recognition by agreement, including at the annual gala.

COMMUNITY CHAMPIONS

Individuals, family groups and local supporters can make one-time or recurring contributions, volunteer, organize events or introduce new partners.







POWERED BY PEOPLE

COACHES. VOLUNTEERS. COMMUNITY CHAMPIONS.

More than 20 volunteer coaches lead our programs, with backgrounds in boxing, special education, medicine and disability support. Every coach reviews the NCCP Coaching Athletes with a Disability manual during onboarding, and they adapt sessions, support athletes one-on-one and bring energy to every class.

A STRONGER VOLUNTEER PATHWAY

In 2023, Community Services Recovery Fund support administered through the Canadian Red Cross helped advance recruitment, onboarding, development and volunteer engagement.





LOCAL HONOURS WITH LASTING MEANING

The Kitchener Youth Action Council recognized Fierce N Fit athletes and volunteers for their leadership and commitment to inclusion. President Donna Swiech was also nominated for Senior of the Year by the Mayor of Kitchener.

SUMMER CAMP 2026

OUR FIRST SUMMER CAMP. AND WE'RE JUST GETTING STARTED.

Our first summer camp in 2026 was made possible by the Kids to Camp Fund at the Waterloo Region Community Foundation. Youth 18 and under attended free for adaptive boxing, crafts, water games, karaoke, bowling and more.

HELP US KEEP OPENING DOORS ALL YEAR ROUND.











FIERCE N FIT BOXING

JOIN US

YOUR SUPPORT CREATES OPPORTUNITY

EVERY BOXER DESERVES SOMEONE IN THEIR CORNER.

Together, we can build a community where participation is possible for everyone. Give online at fiercenfitboxing.com/donate, and follow our stories on Instagram, Facebook, TikTok, YouTube and LinkedIn.





START A CONVERSATION WITH TAVEENA KUM, FOUNDER

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Fierce N Fit Special Needs Charitable Organization | Registered Charity #765566542RR0001
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