

## **Job Title: Volunteer Assistant Coach**

### **About Fierce N Fit Special Needs Charitable Organization:**

Fierce N Fit is a dynamic and compassionate Registered Charity dedicated to enhancing the lives of individuals with special needs. Through various programs, advocacy, and support, we strive to empower, inspire, and make a difference in the special needs community.

**Job Summary:** Fierce N Fit Special Needs Charitable Organization is seeking a committed and enthusiastic Volunteer Assistant Coach to support our programs aimed at empowering individuals with special needs through physical activity, particularly in boxing. The Volunteer Assistant Coach will work closely with our coaching team to create a positive and inclusive environment, fostering the physical and personal growth of our participants.

### **Responsibilities:**

**Assist with Training Sessions:** Work alongside the coaching team to assist in planning and conducting inclusive and adaptive training sessions for individuals with special needs.

**Participant Support:** Provide individualized support to participants, ensuring their safety, comfort, and engagement during training sessions.

**Skill Development:** Assist in developing and implementing training plans that focus on skill development, physical fitness, and overall well-being.

**Inclusive Environment:** Promote and maintain a positive and inclusive environment that encourages teamwork, confidence-building, and social interaction among participants.

**Communication:** Collaborate with the coaching team, participants' families, and other volunteers to ensure effective communication and coordination.

**Adaptability:** Be adaptable to the diverse needs and abilities of participants, making necessary adjustments to coaching techniques and strategies.

**Safety Compliance:** Adhere to safety guidelines, protocols, and organization policies during training sessions to ensure the well-being of participants.

### **Skills and Qualifications:**

- Passion for working with individuals with special needs and promoting inclusivity through physical activity.
- Basic knowledge of boxing or a willingness to learn under the guidance of the coaching team.
- Excellent communication and interpersonal skills.
- Ability to work collaboratively within a team and adapt coaching techniques to accommodate diverse needs.

- Patience, empathy, and a positive attitude.
- Prior experience in coaching or working with individuals with special needs is a plus.

**Requirements:**

- **Current Police Records Check** (Vulnerable Sector Screening) ***Under 18yrs Do Not Need***. Cost \$20. Volunteer letter is provided. Bring reference check to the gym and we will reimburse the \$20 cost. <https://www.wrps.on.ca/en/services-reporting/police-vulnerable-sector-check.aspx>
- **NCCP Coaching Athletes with a Disability** and **Coaching Athletes with Down Syndrome**: E-Learning Certificate <https://thelocker.coach.ca/> (*To get the Course for FREE, please follow instructions attached below*)

**Benefits:**

- Unique opportunity to make a positive impact on the physical and personal growth of individuals with special needs.
- Gain hands-on experience in coaching within a supportive and inclusive environment.
- Collaborate with a passionate and dedicated coaching team.
- Networking opportunities within the special needs community.
- Letter of recommendation or reference upon successful completion of the volunteer term.

**How to Apply:** If you are enthusiastic about contributing to the physical empowerment of individuals with special needs through boxing, please send to [info@fiercenfitboxing.com](mailto:info@fiercenfitboxing.com):

1. Your resume or relevant experience.
2. A brief cover letter outlining your interest.
3. Provide the name, relation and phone number of two personal references.
4. Days and times you are available to volunteer.

We look forward to welcoming you to the Fierce N Fit team!

## NCCP Coaching Athletes with a Disability Course Instructions:

*The National Coaching Certification Program (NCCP) provides standardized, inclusive, and safe sport education to coaches and coach developers across 65 sports. The CAC manages and delivers NCCP training through its partner network of 65 National Sport Organizations and Provincial/Territorial Sport Organizations.*

*The National Coaching Certification Program (NCCP) offers a variety of e-learning courses. Please complete the **NCCP Coaching Athletes with a Disability** and **Coaching Athletes with Down Syndrome**.*

*It is an online **E-Learning Course** that can be taken at your own pace. This link must be opened on a desktop to run the online course. Use the promo code that will be emailed to you to get the course **FREE** of charge.*

- 1. Please sign up and create an NCCP locker. <https://thelocker.coach.ca/>*
- 2. Please sign up for a **FREE PROMO CODE**. <https://www.coachesontario.ca/programs-resources/coaching-in-parasport/cawad/>*

*The NCCP Locker is great to have as you will have access to this locker for the rest of your athletic and coaching career. These courses are transferable and can be used for all types of sports. All of the courses that you take will be stored online. This online locker is great to have as you can go back to find any of your passed certificates and use them for job applications and resumes.*

*Please complete this online course ASAP as this is a mandatory certification course that is required of all coaches working with athletes who have a disability.*

*If you have trouble accessing these links, please let me know and I will be able to assist you. Once you have completed your course, take a photo of your completed certification and send it to [info@fiercenfitboxing.com](mailto:info@fiercenfitboxing.com).*

Thanks,

Fierce N Fit Team